

## Faith & Racial Healing

Embracing Truth, Justice and Restoration

This program helps participants tell the truth about our collective history of racism and violence, that we might seek real restoration with God and one another. This program explains the historical context behind the wide racial inequalities we face today. Though this program focuses specifically on African slaves and their descendants, this program will open participants' eyes to patterns of injustice that affect other people of color across the nation as well.

#### **Program Outline**

Session 1: The Big Picture of Racial Injustice

Examines patterns of racial injustice in the United States from a broad perspective, in order to stop making the same mistakes and end racial oppression in all of its forms.

Session 2: The Middle Passage

The spiritual practice of lament guides participants in reflecting on a film that recounts the horrors of the Middle Passage.

Session 3: Recovering the Voices of the Slaves

The group reads and discusses slave narratives, learning from the faith, strength, and resilience of those who were enslaved.

Session 4: From Convict Leasing to Mass Incarceration

Traces the history of the mass incarceration, helping the group better understand the origins of the problem, so that they can better advocate for a justice system that is truly just.

Session 5: Confessing our History of Lynching

Guided by the spiritual practice of confession, the group explores how lynchings and terrorism of the past continues to affect black communities today.

Session 6: Civil Rights and the Struggle for Equal Education

Explores how white resistance during school integration impacted — and continues to impact — the education of our nation's children.

- Immersion Experience -

Session 7: The True Theology of Dr. Martin Luther King, Jr.

Introduces the relevant and challenging theology of Dr. King.

**Session 8: Seeking Restoration** 

After hearing from a guest speaker who works for racial justice in their local community, participants discern how they feel called to action.

# Faith & Racial Healing Embracing Truth, Justice and Restoration

### **Participant Information**

**Program Host & Location:** 

Meeting Dates & Times

**Local Program Contact:** 

Books -		
The Color of Compromise Jemar Tisby	Post Traumatic Slave Syndrome Joy DeGruy	<b>40 Days of Prayer</b> Cheri Mills

"This module impacted me by opening my eyes and heart to the ongoing effects of white privilege. It moved me to be more aware of the long-term damage done to African Americans by historic systemic suppression and slavery." - Rosetta F., Participant

Learn more about program costs and facilitating a group...

#### **Facilitation & Facilitation Support**

Two volunteer facilitators are needed. There is strong facilitation support from JustFaith Ministries, including:

A Facilitation Overview / Comprehensive Session Outlines Full Access to JFM Support Staff / Training Videos Promotion Kits / Promotion Support / Monthly Update Email

#### Registration and Prices

Visit us online at www.JustFaith.org to learn more about group and participant prices.

#### **Program Goals**

Faith & Racial Healing: Seeking Truth, Justice and Restoration guides participants in telling the truth about the history of racism in the United States, that we might work toward true reconciliation with God and restoration with one another.

#### This program seeks to help participants:

- Learn about the history of racial injustice in the U.S., so that we might better understand and more effectively eradicate modern-day racial injustice.
- Learn how faith communities responded to racial injustice in the past, so that we might learn from their mistakes and successes.
- Learn from the faith and spiritual wisdom of those who endured injustice and stood for freedom.
- Develop practical tools for seeking racial justice in our local communities and our nation.

#### Sessions Include

- Prayer and Reflection
- Discussion of Reading
- Faith Integration
- Videos and Group Activities
- Spiritual Practices
- Guest Speaker

#### In Collaboration With:



