

## Engaging Spirituality Book List

### All Three ES Programs

#### **Engaging Spirituality Journal**

The Engaging Spirituality Journal is specifically for participants in the Engaging Spirituality program. The journal is filled with compelling questions, quotes, and space for journaling.

### Out of the Light: Creating Sacred Space for Self and Others

#### ***Jesus Today: A Spirituality of Radical Freedom***

by Albert Nolan

This book focuses on the spirituality of Jesus and its relevance for us today. After surveying the signs of the times, Nolan outlines the elements of Jesus' spirituality and shows how these lessons might promote a greater communion with God and with all of God's creation.

### ***Embracing the World***

by Jane E. Vennard

Embracing the World is your guide to finding a deeper relationship with God through prayer, and seeing how your prayers can contribute to healing the world. Author Jane E. Vennard helps you understand how to best use your spiritual gifts and graces to serve God as well as the cause of peace and social justice here on earth.

### Into the Dark: Bearing Witness to Suffering and Mystery Program

#### ***The Holy Longing***

by Ronald Rolheiser

Ronald Rolheiser makes sense of what is frequently a misunderstood word: spirituality. In posing the question "What is Spirituality?" Father Rolheiser gets quickly to the heart of common difficulties with the subject, and shows through compelling anecdotes and personal examples how to channel that restlessness, that deep desire, into a healthy spirituality.

### Down to Earth: Embracing Healing, Justice, and Joy

#### ***Modern Spiritual Masters: Writings on Contemplation and Compassion***

edited by Robert Ellsberg

Through biographical reflections and selected writings, this anthology highlights the essential teaching of a dozen modern spiritual masters, each of whom embodied a form of engaged spirituality - attuned both to God and the needs of a wounded world.

### ***Still In the Storm: Reflections for Engaging Spirituality in times like these***

by Joseph Grant

"Here is a book to remind you: of things that matter and things that don't, of choices that can fill you up and those that will leave you empty, of miracles that delight and mirages that disappoint. Read, reflect, reconsider and recommit - it's all here. My good friend, Joe, has a way of seeing and saying that will draw you in and make you different - consider this a warning and an invitation." -Jack Jezreel, President and Founder of JustFaith Ministries

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