



Embracing Wellbeing Simpler, Humbler and Blessed

A Retreat with Joe Grant

*If we are not aware how blessed we are,
how can we be a blessing to others?*

**Friday, August 2, 6:30 - 8:30pm to
Saturday, August 3, 9:30am - 4pm**
St. Matthew's Episcopal Church, Clingman Chapel
330 N. Hubbards Lane, Louisville, KY 40207

Exploring the Wisdom Way - A Christian Path to Wholeness

In turbulent times, we all hunger for wholeness, connection, community and compassionate engagement. The Christian Wisdom tradition offers insights and practices to help draw the world of crying need and awesome complexity into our heart and center.

Using presentation, guided meditation, centering practices and sharing, we break open the Beatitudes—the alternative path to fullness of life at the core of the Gospel—as we explore how embracing simplicity, walking humbly, and choosing to bless can liberate us to savor and share life's abundance.

- This 9-hour retreat that takes place over two days, Friday and Saturday, August 2-3
- **\$70 per person fee includes refreshments Friday evening and lunch Saturday**
- Coffee and tea provided
- Please arrive **15 minutes before start time** on both Friday and Saturday
- For info or registration: Anne Walter, StillintheStorm@gmail.com or 502-619-1652
- *Some partial scholarships are available*

A Little About Our Presenter

A native of Scotland, Joe Grant received a Master of Divinity degree from Catholic Theological Union, Chicago. He has served as a minister in Europe, the U.S. and Latin America. As Director of Programs for JustFaith Ministries, he created nationally recognized processes for youth and adults, including *JusticeWalking* and *EngagingSpirituality*. In 2004 he received the *National Federation for Catholic Youth Ministry* award for Gospel Values of Peace and Justice. Joe lives in inner-city Louisville with his wife and family and is a co-founder of the *CrossRoads Ministry* retreat center. Joe has authored numerous books and articles on scripture, justice and spirituality including: *Still In the Storm*, *Reflections for Engaging Spirituality in times like these*. His most recent book is scheduled for release by Franciscan Media this November.

Visit Joe's blog: <https://engagedpresence.wordpress.com/>

