



## Ten Principles of Successful Facilitation

1. Prepare carefully in advance of each session.
2. Honor the group guidelines.
3. Encourage and affirm participation of all group members.
4. Encourage dialogue by asking open-ended questions.
5. Encourage a willingness to listen to one another with compassion and openness.
6. Be mindful of group dynamics; intervene if dialogue slips into judgment or argument.
7. Keep the group focused on the topic at hand.
8. Keep the group on schedule, within reason.
9. Allow time for silence.
10. Participate from the heart and enjoy the journey.

