



For potential co-facilitators of Engaging Spirituality.

Planning Guide

Engaging Spirituality is divided into **THREE** movements.

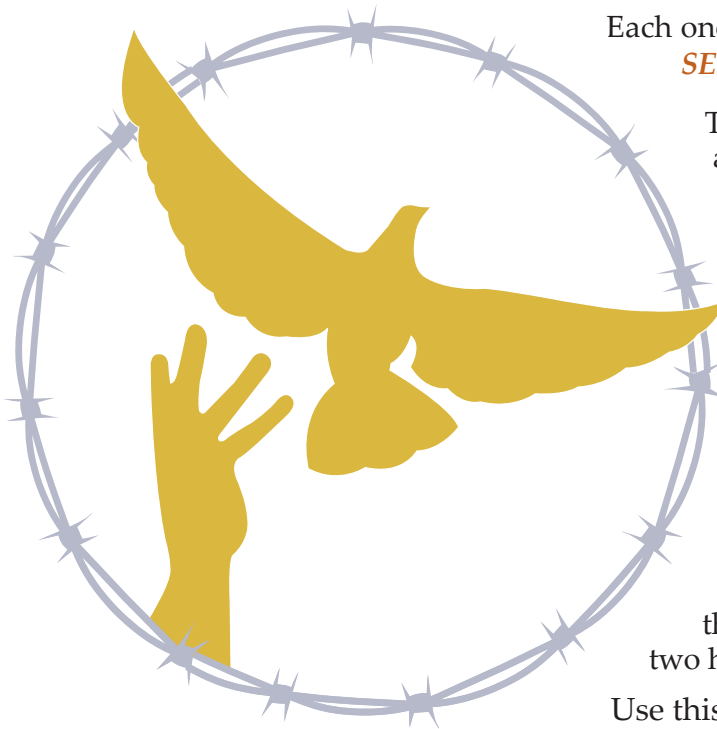
Each one comprises **SEVEN** thematic sessions.

These movements are separated by an activity (*retreat, immersion or pilgrimage*).

The **TWENTY-ONE** sessions can be scheduled weekly or biweekly. Participants implement a rhythm of spiritual-reading, between sessions.

Each participant sets up an outreach ministry that will demand at least two hours per month.

Use this planner to map out your Engaging Spirituality journey.



JustFaith Ministries

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In partnership with



Catholic Campaign for Human Development



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Engaging Spirituality

Live deeply. Love broadly.

ES PLANNER

	Session	Theme	Date	Time	Location
Invitation & Promotion	Introductory Presentation				
Discernment	Interviews				
	Opening Retreat Overnight	<i>Just Awakenings</i> Parish Blessing *			
 <i>Out to the Light</i>	Session One	Engaging Sacred Space 1			
	Session Two	Engaging Sacred Space 2			
	Session Three	Engaging Wonder 1			
	Session Four	Listening Session			
	Session Five	Engaging Wonder 2			
	Session Six	Engaging Gratefulness 1			
	Session Seven	Engaging Gratefulness 2			
	Immersion Day 9 Hrs.	<i>Sacred Presence</i>			
 <i>Into the Dark</i>	Session Eight	Engaging Suffering & Violence 1			
	Session Nine	Engaging Suffering & Violence 2			
	Session Ten	Engaging Mystery 1			
	Session Eleven	Listening Session			
	Session Twelve	Engaging Mystery 2			
	Session Thirteen	Engaging Darkness & Loss 1			
	Session Fourteen	Engaging Darkness & Loss 2			
	Pilgrimage Day 9 Hrs.	<i>Bearing Witness</i>			
 <i>Down to Earth</i>	Session Fifteen	Engaging At-One-Ness 1			
	Session Sixteen	Engaging At-One-Ness 2			
	Session Seventeen	Engaging Healing 1			
	Session Eighteen	Listening Session			
	Session Nineteen	Engaging Healing 2			
	Session Twenty	Engaging Justice & Joy 1			
	Session Twenty-One	Engaging Justice & Joy 2			
	Commissioning Day 6 Hrs.	<i>Rest-Oration</i>			

Do NOT schedule a start date before September

*Ideally the blessing takes place at church on the Sunday following the Opening Retreat.



DOCUMENT DELIVERY SCHEDULE

1. Start-Up Materials
Available after JUNE 15th
 - Registration Form and Promotional Flier
 - Overview
 - Co-Facilitator Manual
 - Introductory Presentation
 - Participant Discernment
 - Interview Guidelines

2. Opening Retreat - Just Awakenings
Available after JULY 30th

3. STEP ONE: Out to the Light
Available after AUGUST 15th
 - Sessions 1 - 7

4. Immersion Day - Sacred Presence
Available after SEPTEMBER 15th

5. STEP TWO: Into the Dark
Available after OCTOBER 15th
 - Sessions 8 - 14

6. Pilgrimage Day - Bearing Witness
Available after NOVEMBER 15th

7. STEP THREE: Down to Earth
Available after DECEMBER 15th
 - Sessions 15 - 21

8. Commissioning Day - Rest-Oration
Available after FEBRUARY 15th

9. Reunion Materials
Available after MARCH 15th