



Engaging Spirituality

DOWN TO EARTH:
EMBRACING HEALING, JUSTICE AND JOY

JF *JustFaith*
MINISTRIES

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Down to Earth

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Down to Earth: Embracing Healing, Justice and Joy is a part of the Engaging Spirituality Series. It invites participants to live into a hope that an end to suffering and injustice is possible. Participants widen their circles of care to include those in our global neighborhood, and begin to live in a way that minimizes the harm we do to ourselves, to others, and to our planet. The program cultivates a spirit of joy by encouraging participants to live simply, embrace Sabbath moments, live peacefully, and become a transforming presence in the world.

Program Outline

Session 1:

Engaging "At-One-Ness" -Part One

Session 2:

Engaging "At-One-Ness"- Part Two

Session 3:

Engaging Healing - Part One

Session 4:

Listening Session

Session 5:

Engaging Healing - Part Two

Session 5:

Engaging Healing - Part Three

- Immersion Experience -

Sacred Presence

Session 7:

Engaging Joy

Session 8:

Discerning Action Steps and Celebration

Participant Information

Program Host & Location:

Meeting Dates & Times

Local Program Contact:

Books

Modern Spiritual Masters: Writings on Contemplation and Compassion
Robert Ellsberg,
Editor

Still in the Storm: Reflections for Engaging Spirituality in Times Like These
Joseph Grant

Engaging Spirituality Journal
JustFaith Ministries

"You have no idea the impact of this program on me, and the people here... The hunger for silence and contemplation is vast...especially now having experienced it and lived it."
-Christine S., Participant

Learn more about program costs and facilitating a group...

Facilitation & Facilitation Support

Two volunteer facilitators are needed. There is strong facilitation support from JustFaith Ministries, including:

A Facilitation Overview / Comprehensive Session Outlines
Full Access to JFM Support Staff / Training Videos
Promotion Kits / Promotion Support / Monthly Update Email

Registration and Prices

Visit us online at www.JustFaith.org to learn more about group and participant prices.

Program Goals

Down to Earth: Embracing Healing, Justice and Joy invites participants into mystery. Participants are invited down the “path of unknowing” in order to unmask and strip away our illusions about ourselves and others. The program cultivates a space to hold incompleteness, befriend paradox, and to seek solidarity with others - especially those who are poor and marginalized in our world today.

This program seeks to help participants:

- To discern how to embody prayer in our daily lives, that our prayer might be active and our action prayerful.*
- To practice engaging in service and advocacy that is grounded in contemplative practices.*
- To develop practical tools for noticing the Holy Presence, deepening personal relationships, and experiencing inner peace.*

Sessions Include

- Prayer and Reflection
- Discussion of Reading
- Faith Integration
- Videos and Group Activities
- Spiritual Practices

